



UNI ALUMNI ASSOCIATION PRESENTS:

Costa Rica Eco Adventure

March 10—17, 2018

TOUR INCLUDES:

Day 1: Arrival in San José, Costa Rica

Day 2: San José—Tortuguero National Park

Day 3: Tortuguero National Park
Sightseeing & Free Time

Day 4: Tortuguero— Sarapiquí

Day 5: Sarapiquí— Arenal

Day 6: Arenal— Monteverde Cloud Forest

Day 7: Monteverde Cloud Forest
Sightseeing & Free Time

Day 8: Monteverde to San José
Depart for Home



HOTELS:

Sheraton San Jose

San José (1 Night)

Laguna Lodge Tortuguero

Tortuguero (2 Nights)

Sueno Azul Resort

Sarapiquí (1 Nights)

Arenal Paraiso Resort & Spa

Arenal (1 Nights)

El Establo Mountain

Monteverde (2 Nights)

ITINERARY PRICING:

- **Land Package: \$1,725 per person based on double occupancy**

For more information, Contact:



Humble Travel Service
125 Main Street
Cedar Falls, Iowa

Tel: 319-277-2202

Email: travel@humbletravel.com

Day 1 Arrive San José (1 night)

Welcome to San Jose where your journey begins with a warm greeting from a local host at the airport and a transfer to your hotel. At 6 p.m., gather at the hotel with your Travel Director and travelling companions for a Welcome Reception.

Day 2 San José – Tortuguero National Park (2 Nights)

After breakfast, head toward the small town of San Isidro de Heredia, where you are welcomed by master chocolatiers, Julio Fernandez and George Soriano, for a taste of gourmet chocolate, a Cultural Insight. Learn about the history of chocolate and how it is produced at this small workshop. Afterward, continue to Siquirres and embark on a river journey through the protected wetlands. Later, stroll the streets of Tortuguero Village and explore the fascinating Green Turtle Research Station. Enjoy dinner at the hotel this evening. **(B, L, D)**

Day 3 Tortuguero National Park Sightseeing and Free Time

Glide through the canals and waterways of the park today as howler monkeys watch from the treetops, toucans and egrets fly through the air, and crocodiles ply the cool waters. **(B, L, D)**

Day 4 Tortuguero – Sarapiquí (1 night)

Board your boat and bid adieu to the park. Enjoy lunch along the way. Then visit a Tico family's palm plantation to learn about and sample the delicate heart of palm, a Cultural Insight. After a mid-afternoon arrival at your hotel, join your Travel Director on an easy hike looking for the great green macaw. Your evening is free. **(B, L)**

Day 5 Sarapiquí – Arenal (1 night)

For the early risers, there is time for an optional rafting trip. Or relax, sleep in and immerse yourself in the natural beauty of the area surrounding your lodge. Later, enjoy a special Be My Guest experience at an eco-friendly hacienda built by the Quintana family as a retirement project. Today, it is home to an organic farm, restaurant and related eco-adventures. The family welcomes you with lunch and shares stories of how their retirement dreams have benefited the local community. Afterward, depart to the town of La Fortuna de San Carlos, home of the colossal Arenal Volcano. Late this afternoon, spend time in the thermal pools of your resort as well as the gardens with beautiful birds. In the evening, relish some of the best views of the volcano as you enjoy a leisurely dinner. **(B, L, D)**

Day 6 Arenal – Monteverde Cloud Forest (2 Nights)

Enjoy a free morning to sleep in or take an optional outing including a hike around Arenal, kayaking on Lake Arenal or visiting an ecological park and terrarium with over 200 species of reptiles, rare frogs and other amphibians as well as butterflies. Early this afternoon, head to the Monteverde Cloud Forest, straddling the Continental Divide, home to luxuriant vegetation, abundant wildlife, coffee plantations and spectacular views. Tonight, you'll meet a native Quaker, and Local Specialist, who will share stories of Old Town Monteverde. **(B, D)**

Day 7 Monteverde Cloud Forest Sightseeing and Free Time

Join your guide for an excursion through the Monteverde Cloud Forest Reserve. Covering 26,000 acres of tropical rainforest, the Reserve consists of 6 ecological zones and offers extremely high biodiversity, consisting of over 2,500 plant species (including hundreds of orchid varieties), 100 species of mammals, 400 bird species, and 120 reptilian and amphibian species. Later, ascend to the treetops for a bird's-eye view of the forest on the unforgettable Sky Walk, a chain of 6 suspension bridges at canopy level. Tonight, trade stories of your experiences at a festive Farewell Dinner. **(B, D)**

Day 8 Monteverde San José

Transfer to either San Jose International Airports. **(B)**

**Hotels and itinerary subject to change*

Deposit: \$250/per person, due at booking Final payment: Due December 18, 2017
Deposit and final payment are both non-refundable. Payment by credit card requested.
Please confirm _____ reservations for:

Full legal names from passports: _____ **Date of birth:** _____ **Date of Birth:** _____
Address: _____
City: _____ **State:** _____ **Zip:** _____
Email: _____ **Phone:** _____

Trip Insurance is highly recommended and can be purchased through Humble Travel